



Mission Trails Regional Park Foundation

FREE to San Diego County YMCAs

Book your Day Trips and Overnight Camping at Mission Trails Regional Park!

DAY TRIPS from the Mission Trails Visitor Center include:



- Guided nature hike
- Animal talk
- Visitors center exhibits and theater with short nature movies
- Transportation reimbursement up to \$200
- Available Mondays through Fridays, 9-5pm

OVERNIGHT CAMPING at the Mission Trails Kumeyaay
Lake Campground includes:



- Campsites
- Tents and airbeds
- Star gazing
- Kumeyaay storytelling (when available)
- Guided nature hike
- Transportation reimbursement up to \$200

Overnight camping is from 2PM the first day to noon on the second day.

The campground is open Friday through Sunday and on Monday if it is a 3-day holiday.

Campers will need to bring blankets, pillow, flashlight, toiletries, water bottles (refillable), and proper attire for the weather and hiking. The campground is close to freeways and medical facilities.

Book these wonderful additions to your camps

Contact MTRP Foundation Education Instructor Alicia Berg

619-488-7452 or

mtrpeducation@yahoo.com